



Facial Skin care services

Milash Beauty Studio

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@MILASH BEAUTY STUDIO

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What is Facial Skin Care?

MILASH BEAUTY STUDIO

A FACIAL IS A SERIES OF STEPS THAT ARE CARRIED OUT BY A SKINCARE EXPERT TO TAKE CARE OF YOUR SKIN UNDER THE FORM OF A PROFESSIONAL SPA TREATMENT. THE PROCESS INVOLVES CLEANSING, EXFOLIATING, AND NOURISHING THE SKIN TO PROMOTE A CLEAR, WELL-HYDRATED COMPLEXION. A FACIAL WORKS BEST WHEN IT IS A PART OF A CONTINUING PROGRAM OF SKINCARE.



CONSULTATION: JUST LIKE HOW YOU FIND THE PERFECT SHOES AT THE STORE, A FACIAL ALSO REQUIRES A CONSULTATION TO FIND THE PERFECT TREATMENT FOR YOUR SKIN. A FACIAL TREATMENT PROCESS CAN VARY GREATLY DEPENDING ON YOUR SKIN TYPE AND WE WILL NEVER DO A "ONE-SIZE-FITS-ALL" TREATMENT FOR OUR CLIENTS. SOME FACTORS THAT CAN AFFECT THE DECISION INCLUDE YOUR CURRENT SKIN CONCERNS, YOUR DIET, THE AMOUNT OF WATER YOU DRINK DAILY, DRUGS, SUPPLEMENTS, AND YOUR CURRENT SKINCARE PRODUCTS.

CLEANSING: AFTER WRAPPING YOUR HAIR WITH A TOWEL OR HEADBAND, THE SKINCARE TECHNICIAN WILL BEGIN THE FACIAL PROCESS WITH A THOROUGH SKIN CLEANSING WITH AN APPROPRIATE CLEANSER.

SKIN ANALYZING: NEXT, THE TECHNICIAN WILL THEN DETERMINE YOUR BASIC SKIN TYPE AND CURRENT SKIN CONDITIONS BY LOOKING AT YOUR SKIN THROUGH A BRIGHTLY LIT MAGNIFYING LAMP. THIS STEP IS IMPORTANT IN DETERMINING WHAT PRODUCTS AND TREATMENTS WILL BE USED FOR THE WHOLE FACIAL PROCESS.

STEAMING: STEAMING IS A RELAXING PREPARATION STEP OF THE FACIAL PROCESS AS IT WILL HELP OPEN UP PORES AND SOFTEN ANY BLACKHEADS OR WHITEHEADS TO BE REMOVED IN LATER STEPS. STEAMING IS DONE BY DIRECTING THIN, WARM STEAM ONTO YOUR FACE WITH A MACHINE. STEAMING, HOWEVER, MAY NOT BE SUITABLE FOR PEOPLE WITH SENSITIVE SKIN.

EXFOLIATING: SKIN EXFOLIATE HELPS REMOVE DEAD SKIN CELLS ON YOUR SKIN SURFACE AND IMPROVES THE ABSORPTION OF THE SKINCARE PRODUCTS THAT THE SKIN TECHNICIAN WILL USE IN LATER STEPS. THERE ARE 2 TYPES OF SKIN EXFOLIATION, MECHANICAL (THAT USES EXTREMELY SMALL BEADS TO RUB AWAY DEAD SKIN CELLS) AND CHEMICAL (THAT USES SPECIFIC INGREDIENTS TO PEEL DEAD SKIN CELLS).

EXTRACTING: THIS IS A PROCESS OF REMOVING BLACKHEADS OR WHITEHEADS IF NECESSARY. EXTRACTION CAN BE UNCOMFORTABLE AS IT INVOLVES THE SKINCARE TECHNICIAN APPLYING A LARGE AMOUNT OF PRESSURE ONTO YOUR SKIN, ESPECIALLY ON SENSITIVE OR ROSACEA-PRONE SKIN.

FACIAL MASSAGING: THE SKINCARE TECHNICIAN WILL GENTLY MASSAGE YOUR SKIN TO HELP BOTH YOU AND YOUR SKIN RELAX, AND ALSO TO STIMULATE YOUR FACIAL MUSCLES.

A FACIAL MASK: A SPECIFIC MASK WILL BE SELECTED SPECIFICALLY FOR YOUR SKIN TYPE AND CONDITION. DURING YOUR 10-20 MINUTES FACE MASK PROCESS, THE TECHNICIAN WILL MASSAGE YOUR ARMS, HANDS, AND DÉCOLLETÉ, DEPENDING ON THE TYPE OF TREATMENT.

FINAL APPLICATION: AFTER THE FACIAL MASK, THE TECHNICIAN WILL GO AHEAD AND APPLY OTHER SKINCARE PRODUCTS ON YOUR SKIN SUCH AS TONER, SERUM, EYE CREAM, MOISTURIZER, AND SUNSCREEN IF IT'S DAYTIME.

ADVICE: THE FINAL STEP OF THE PROCESS INVOLVES THE TECHNICIAN PROVIDING YOU WITH ADVICE ON HOW TO TAKE BETTER CARE OF YOUR SKIN AS WELL AS RECOMMENDING SOME SKINCARE PRODUCTS THAT ARE SUITABLE FOR YOUR SKIN TYPE.

LED Light Therapy

15 MINUTES \$35

30 MINUTES \$50

LIGHT-EMITTING DIODES (LED) USE WAVELENGTHS TO EFFECTIVELY TREAT ACNE, REDUCE INFLAMMATION, AND PROMOTE ANTI-AGING EFFECTS. LED THERAPY IS SAFE FOR ALL SKIN COLORS AND DOESN'T CAUSE ANY BURNING. YOU MAY BE RECOMMENDED FOR THIS TREATMENT IF YOU HAVE THE PREVIOUSLY MENTIONED SKIN CONCERNS BUT COULD NOT RESOLVE THEM THROUGH REGULAR SKINCARE PRODUCTS.



Steps

- Cleansing
- LED Light Therapy

Benefits

- This well-researched and FDA-approved facial treatment does not only benefit your skin but also your body's overall health. A regular LED treatment can significantly improve some skin conditions such as acne, rosacea, psoriasis, fine lines and wrinkles, and high-pigmentation while reducing surface inflammation.

TYPES OF LED LIGHTS

	Red Light	Blue Light	Combination (Red + Blue)
Benefits	<ul style="list-style-type: none">- Make skin look smoother and fuller- Reduce fine lines and wrinkles- Reduce inflammation- Improve blood circulation- Promote a healthier glow for skin	<ul style="list-style-type: none">- Reduce acne breakouts- Kills bacteria that causes acne beneath the skin- Treat severe acne pimples including cysts and nodules.	<ul style="list-style-type: none">- Help treat acne- Decrease scarring- Promote anti-inflammatory effects.

Basic Facial

30 MINUTES - \$50

BASIC FACIAL WILL WORK TO CLEANSE YOUR PORES, EXFOLIATE DEAD SKIN CELLS, AND TREAT COMMON SKIN PROBLEMS WITH A CUSTOM MASK. EACH FACIAL WILL BEGIN WITH AN ESTHETICIAN'S CONSULTATION TO DETERMINE THE RIGHT TYPES OF PRODUCTS FOR YOUR SKIN TYPE.

Steps

- Consultation
- Cleansing
- Steam
- Massage (5 minutes)
- Mask
- Moisturizer
- Sunscreen (daytime)

Benefits

- help your skin clean and relaxing.



Advance Facial

60 MINUTES - \$80

THIS RELAXING SPA FACIAL INCLUDES SKIN CLEANSING, LUXURY MASK TREATMENT, LIGHT EXTRACTIONS, AND GENTLE CHEMICAL EXFOLIATION COMBINED WITH SOOTHING AROMATHERAPY, SCALP AND HAND MASSAGE, AND LYMPHATIC DRAINAGE MASSAGE.

Steps

- Consultation
- Double cleansing **: foam & deep clean
- Exfoliation**
- Steam
- Extraction **
- Massage (10 minutes) **
- Mask (15 minutes) **
- Hand lotion massage **
- Moisturizer
- Sunscreen (daytime)

Benefits

- Remove all black head and white head acne
- The exfoliation helps to remove dead skin, that help all skin care product go deep inside the skin layer.
- LED light treatment makes your brain and mind relaxing after a long day. Then it helps the extraction process heal faster and better.



Detox Facial

75 MINUTES - \$100

DETOX FACIAL IS A MULTITASKING MASSAGE THAT PROVIDES A VARIETY OF SKIN BENEFITS FROM THE ART OF ELIMINATING TOXINS FROM YOUR BODY. IT MAY TAKE UP TO A WEEK OR TWO TO SEE ALL THE GORGEOUS EFFECTS OF YOUR FACIAL.

Steps

- Consultation
- Double cleansing**
- Exfoliation **
- Steam
- Extraction **
- Massage
- Detox *****
- Mask
- LED light therapy **
- Hand lotion massage **
- Moisturizer
- Sunscreen (daytime)

Benefits

- Deeply cleansed skin - free of dirt, oil, and impurities
- Smaller pores
- Balanced skin tone and texture
- Youthful, glowing complexion
- Enhanced and defined facial features
- Ideal for all skin types - even sensitive or mature skin
- Increased relaxation and mental clarity



Seaweed Micro Needling

90 MINUTES - \$120

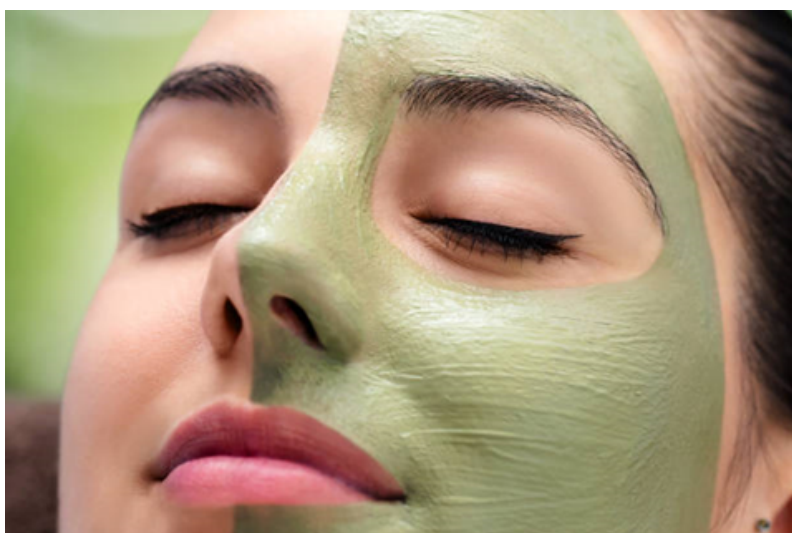
THE SEAWEED TIGHTENS THE SKIN CELLS WITH ITS HIGH LEVEL OF VITAMINS. IT ALSO ENRICHES THE SKIN'S NATURAL GLOW AND PRODUCES AN ANTI-AGING EFFECT. THE AMINO ACIDS FOUND IN SEAWEED PLUMP UP YOUR SKIN, IMPROVING ITS ELASTICITY, SMOOTHING OUT ANY FINE LINES FOR HEALTHIER, FIRMER SKIN.

Steps

- Consultation
- Double cleansing **
- Exfoliation **
- Steam
- Extraction**
- Massage
- Mask
- LED light therapy **
- Hand lotion massage **
- Seaweed micro needling *****
- Serum treatment follow skin typed**
- Moisturizer
- Sunscreen (daytime)

Benefits

This special combination of nutrients in seaweed helps the skin form its antioxidant, antimicrobial, anti-inflammatory, and general anti-aging ability. It is one of the best and most popular bio-actives available for skin in the current beauty industry.



Anti-Aging Treatment

75 MINUTES - \$150

ANTI-AGING FACIAL PROCEDURE IS A PART OF A LARGER STRATEGIC PLAN TO MAINTAIN A YOUTHFUL APPEARANCE BY PREVENTING AND COUNTERACTING THE DAMAGING EFFECTS OF TIME ON THE SKIN. THESE FACIALS ADDRESS SKIN'S DECLINING COLLAGEN AND ELASTIN LEVELS, LIGHTEN HYPERPIGMENTATION, DEEPLY HYDRATE AND GENTLY EXFOLIATE FOR A REJUVENATED SKIN APPEARANCE.

Steps

- Consultation
- Double cleansing **
- Exfoliation **
- Steam
- Extraction**
- Massage
- Mask
- LED light therapy **
- Hand lotion massage**
- Anti-aging serum treatment by micro-needling*****
- Moisturizer
- Sunscreen (daytime)

Benefits

- Anti-aging facials contain several active ingredients that restore lost volume and elasticity. They also boost moisture, exfoliate dead skin cell buildup and maintain a healthy look for the skin, resulting in a brighter, more youthful complexion.



BB Glow Skin

90 MINUTES - \$150

BB GLOW IS A MICRO-NEEDLING TREATMENT IN WHICH SEMI-PERMANENT BB CREAM IS TATTOOED INTO THE SKIN LIKE MAKE-UP. THE PROCEDURE CAN HIDE BLEMISHES AND STIMULATE THE PRODUCTION OF NATURAL COLLAGEN IN THE SKIN. THIS METHOD WILL IMPROVE THE LOOK AND TEXTURE OF YOUR SKIN OVER THE COURSE OF TIME.

Steps

- Consultation
- Double cleansing **
- Exfoliation **
- Steam
- Extraction**
- Massage
- Mask
- LED light therapy **
- Hand lotion massage **
- BB GLOW micro needling *****
- Sunscreen (daytime)

Benefits

- Instantly glowing and radiant complexion
- Well-Hydrated skin
- Reduction of fine lines and wrinkles
- Reduction of dark under-eye circles
- Reduction of blackheads and pores
- Infusion of antioxidants, vitamins, and anti-aging ingredients
- Evens out blemishes and discoloration (uneven skin color)
- Reduces melanin content in the skin before and after UV exposure
- Covers up redness (rosacea) and broken capillaries

